

Mental Health Equality in London

Mahatma Ghandi Hall, Indian YMCA, 41 Fitzroy Square, Bloomsbury, W1T 6AQ

Monday 4th December 2017, 10am-4pm

TIME	ACTIVITY	DELIVERED BY
10.00	Arrivals	
10.30	Introduction to HEAR, aims for the day and housekeeping	Mhairi McGhee, Christine Goddall HEAR Equality and Human Rights Network
10.45	Using Human Rights in Practice	Helen Wildbore British Institute for Human Rights (BIHR)
11.00	Experts by Experience; employing expertise	Sarah Yiannoullou, Dorothy Gould National Survivor User Network (NSUN)
11.15	Questions and answers	
11.30	BREAK	
11.45	Together Everyone Achieves More	Sally Kirkpatrick, Laura Giuliani Public Voice EbE
11.55	Active Lives and Healthy Minds	Laurie Ljinders Race on the Agenda (ROTA)
12.00	Community Mental Health Advocates	Zamzam Hussain, Khadra Diria Ilyas
12.10	User-led co-production in commissioning	Raksha Pandya Harrow User Group (HUG)
12.20	Questions and answers	
12.30	LUNCH	
13.30	Social prescribing for mental wellbeing	Bert Roman Move Me
14.15	BREAK	
14.30	WORKSHOPS	
Workshop 1	Using human rights to challenge	Helen Wildbore, BIHR
Workshop 2	Commissioning for migrant communities	Emily Danby, MIND in Harrow
Workshop 3	No stigma; a manifesto for BME mental health	NSUN
Workshop 4	Campaigning for Mental Health Equality	Laurie Ljinders, ROTA
Workshop 5	Art as social prescribing	Ash Kotak
15.30	Feedback from workshops	
16.00	END	

www.HEARequality.org.uk [@HEAR_Network](http://www.tinyurl.com/HEARMH)

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